

# BUILD YOURSELF UP!

Finish the following sentences.

▶ I am good at...

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▶ I am loved because...

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▶ I am a good friend because...

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▶ I feel good when I...

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▶ I can help someone by...

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## IF I WAS A SUPERHERO...

This is what I would look like.

I would choose to have the following abilities.  
*Choose only one.*

- |  |   |
|--|---|
| <input type="checkbox"/> Be invisible        | <input type="checkbox"/> Fly                      |
| <input type="checkbox"/> Travel through time | <input type="checkbox"/> Super-human strength     |
| <input type="checkbox"/> See through walls   | <input type="checkbox"/> Move things with my mind |
| <input type="checkbox"/> Read minds          | <input type="checkbox"/> Lightning speed          |

Describe what you would do with your special ability.

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